

The WAIY Club Network Information Packet

Wisconsin Abstinence Initiative for Youth

August, 2004



A program of the Department of Health and Family Services
Funded by the U.S. Department of Health and Human Services
Family and Youth Services Bureau

A Message from the Director of WAIY

August, 2004

Dear Stakeholders in Youth Development:

Take a look at American television today and you might get the message that supporting sexual abstinence for today's youth is not in step with reality—that all teens are sexually active.

In reality, 92% of 1,000 teens surveyed in 2003 said that it's important for teens to get a strong message from society that they should abstain from sex until they are at least out of high school. And among those teens who do have sex, 63% wish they had waited longer.

The WAIY Club Network is about helping youth promote abstinence among their peers. As the Director of the Wisconsin Abstinence Initiative for Youth, I am committed to the promotion of abstinence and its benefits for Wisconsin teens. I invite you join WAIY in supporting adults and youth in promoting abstinence as normal, healthy, and smart for today's teens.

Are teens really open to the idea of delaying sex? Yes! From 1993 to 2003, the percentage of Wisconsin high school seniors who said they had ever had sexual intercourse went down from 67% to 51%. The Wisconsin Abstinence Initiative for Youth wants to build on this success. With all of us working together, we can help even more teens postpone sex and avoid the consequences that are prevalent among sexually active adolescents.

How is this going to happen? By helping our youth to:

- learn the facts about teen sexuality, abstinence, and what makes a relationship work;
- support each other in making healthy choices;
- find effective ways to inspire and support their peers to delay sex; and
- reach out to youth at high risk for sexual activity.

Developing positive healthy relationships is one of the most satisfying aspects of life, and promoting good relationships is what the WAIY Club Network is all about. I invite you to join WAIY in making this goal a reality for teens throughout Wisconsin.

Respectfully,

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Overview of the Wisconsin Abstinence Initiative for Youth

The Mission of WAIY

To motivate, inspire and support youth in every Wisconsin community to choose abstinence.

Youth Served

Youth aged 19 and younger with a focus on middle and high school-aged youth.

Key Programs of WAIY

- Clubs A statewide system of clubs to support healthy choices among youth
- True 2 Life A team of 17-21 year old high school graduates from Wisconsin who share personal stories about sex, parenting, abstinence, and starting over
- Health Materials Tools developed for use by health care providers for promoting abstinence
- Parents Public service announcements on 70+ radio stations to encourage parent / youth discussions about sexuality
- Resources Free materials including a ten poster series, brochures and club materials
- Website Updated information online at <http://dhfs.wisconsin.gov/waiy>
- Grants Funds for local abstinence education programs

Objective

A 25% decrease in the proportion of Wisconsin high school youth who report ever having sexual intercourse from 39% in 2001 to 30% in 2010 as measured by the Wisconsin Youth Risk Behavior Survey.

Priorities

- Significantly increase the delivery of abstinence education to youth throughout Wisconsin
- Integrate abstinence education in existing Wisconsin education, health, and other systems
- Develop and foster research-based abstinence education programs
- Develop strong youth leadership for abstinence education
- Reach out to youth at high risk for sexual involvement
- Encourage parents to talk about abstinence with their children

An Important Strategy for Improving Health

The mission, programs, objective and priorities of WAIY are based on Objective One of the high risk sexual behavior section of the Wisconsin State Health Plan, *Healthiest Wisconsin 2010—A Partnership Plan to Improve the Health of the Public*.

Objective One is a decrease in the proportion of Wisconsin high school youth who report ever having sexual intercourse to 30% by the end of 2010 (in 2003 the rate was 37%, down from 47% in 1993). In accordance with the spirit of Healthiest Wisconsin 2010, WAIY provides leadership in the promotion of abstinence education and invites Wisconsin communities to come together in addressing this important strategy of the State Health Plan.

The programs and priorities of WAIY are also based on research about effective characteristics of adolescent pregnancy prevention identified in a report called *Emerging Answers*, published by the National Campaign to Prevent Teen Pregnancy.

Funding

WAIY is federally funded by the U.S. Department of Health and Human Services, Family and Youth Services Bureau. The program goal is to reduce teen pregnancy by increasing the choice abstinence among unmarried youth aged 19 and younger.

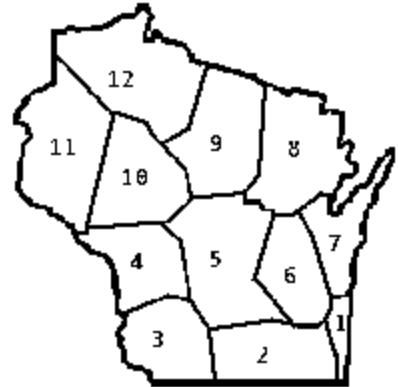
Administration

WAIY is administered by the Wisconsin Department of Health and Family Services (DHFS) as one part of its comprehensive approach to adolescent pregnancy prevention.

WAIY Clubs at a Glance

The WAIY Club Network

WAIY is developing local clubs for youth in twelve regions throughout Wisconsin to motivate, inspire and support the choice of abstinence. Clubs meet locally, regionally, and at statewide meetings.



Club activities

- Monthly discussions to address eight topics on relationships
- Monthly activities to have fun and support each other
- Outreach to middle school youth about the importance of abstinence

Leadership development

- Clubs activities are youth-developed and youth-led with input from adults
- A statewide youth advisory panel of twelve youth (1 from each region) is elected each year

Membership

WAIY Club membership is for any youth in high school who is or who wants to be abstinent.

Funds for the first two years

- Year One: \$500 for a club advisor stipend and \$300 for club activities
- Year Two: \$500 for a club advisor stipend

Goal

To develop at least 36 clubs each year (three clubs in each region)

Benefits of WAIY Clubs

- Positive messages that inspire, motivate, and support abstinence and youth development
- Healthy supportive friendships with peers who value safe choices
- Growth of leadership skills and personal development
- Making a positive impact on the community
- Involvement in a statewide network
- Reduction of teen pregnancy and sexually transmitted infections

Additional support for clubs

- The WAIY Club Handbook
- Regional coordinators for assistance, presentations, and training

- Training events that bring clubs together regionally and statewide
- Free resources and materials such as Present and Prevent—a colorful, fun slide show that clubs can use to share their message with other youth
- Online WAIY Club Network Calendar for posting ideas, events, and abstinence messages
- Email listserv of club advisors
- Interaction with other club members and advisors throughout the state
- True to Life to present to clubs and to help clubs get started

Serving All Youth

WAIY Clubs welcome all youth who want to engage in healthy activities and to receive positive support for a decision to abstain from sex. Youth who meet these criteria include:

- **Youth who are in school or out of school**
Being out of school is a great risk for becoming a teen parent. WAIY Clubs make an effort to include youth who are not in school.
- **Youth who have sexual experience**
Many youth choose to delay sex as a result of negative consequences from a sexually active lifestyle. Others may have been sexually abused. Club members with sexual experience have power to dispel myths about the promises of sexual experience and to model for youth with sexual experience that choosing an abstinent lifestyle is possible and positive.
- **Youth who are virgins**
A choice to maintain virginity is one that offers protection and self-confidence. Yet, as a youth gets older, he or she may experience increasing pressure from within and without to become sexually experienced. Club members who value virginity offer support for others who have the same goal and face the same challenges.
- **Youth who are teen parents**
For those youth parenting a child, school and life can be incredibly challenging. A serious risk is becoming pregnant a second time. WAIY Clubs are an important source of support for teens who are parenting.
- **Youth who are currently sexually active but looking for support to delay sex**
Sexual activity places a teen at a high risk for pregnancy and sexually transmitted infections. WAIY Clubs welcome sexually active youth who sincerely want support for choosing abstinence.

Club Activities

Club Meetings or “What do clubs do?”

- **Monthly Discussions**
Clubs hold a monthly discussion on topics related to postponing sex and developing healthy relationships. Eight topics are provided.
- **Monthly Fun Activities**
Clubs hold a monthly activity that involves fun, promoting abstinence, serving the community, fund raising, or any combination of these themes. Ideas are provided.
- **Community Impact**
Clubs promote abstinence among youth in the community, including middle school youth, for some of their monthly fun activities. Clubs decide how often.

Key Messages about Abstinence

Clubs promote abstinence. Delaying sex is a healthy sexual choice for teens and offers advantages that only abstinence can guarantee.

The 2004 WAIY Youth Advisory Team, made up of WAIY Club youth leaders, created messages that present six benefits of abstinence and titled the series, “Abstinence pays back!” WAIY Clubs promote these messages to youth throughout Wisconsin.

Abstinence pays back!

1. **Goals**
You focus better on your goal
When your answer to sex is no.
2. **Health**
You don’t get AIDS; you don’t get STDs
When you avoid sexual activities.
3. **Satisfaction**
A lifelong partner for sexual action
Brings lots and lots of satisfaction.
4. **Values**
You know what you value more;
You know you’re worth waiting for.
5. **Monogamy**
Numerous partners can bring hurts and STDs;
Stay with one partner and you’ll be pleased.
6. **Timing**
Kids raising kids is hard and stressful;
Stay abstinent and you’ll be successful.

Monthly Discussion Topics

For Promoting Abstinence and Building Healthy Relationships

High school youth in WAIY Clubs explore the topics below through monthly meetings. Club advisors and youth leaders work together to design strategies for addressing the topics, which may or may not include each of the bulleted points.

Basic information and definitions

- Ground rules for discussion meetings / Opportunity to ask anonymous questions
- Puberty and/or reproduction review, if appropriate
- Definitions of risky sexual activity -- those that may lead to pregnancy or to the transmission of sexually transmitted infections. These include vaginal, oral or anal intercourse and some forms of mutual masturbation (Turning Point Transformation Team 2002).
- Introduction to WAIY's Abstinence Paybacks

Love

- Importance and advantages of loving relationships
- What is love? What are different types of love? Differences between infatuation & love

Friendships and Dating Relationships

- Goals of dating
- The importance of developing skills for building strong relationships
- Smart dating and pitfalls in dating

Intimacy

- The differences between sex and intimacy as well as the relationship between the two
- Types of intimacy (such as physical and emotional) and how to express intimacy without sex
- Benefits of delaying sexual intimacy

Postponing sex

- Assessing your current situation
- Positive influences on decisions (grades, parents, friends, goals)
- Negative influences on decisions (peer pressure, media, tobacco, alcohol and other drugs)
- Personal strengths and barriers for abstinence
- Decision making, refusal skills, setting personal goals, and accountability

Skills for developing strong relationships

- Communication skills
- Conflict resolution
- Recreational time together

Looking for love in all the right places

- Dating people with similar values, goals
- Looking for compatibility

Self-development / Self-awareness

- Importance of self-development, self-sufficiency, and independent living
- Identification of values and ownership of issues (empowerment)
- Character development and physical development (fitness/nutrition)
- Application of monthly discussions for upcoming short-term goals

Achievement Awards

Clubs have the option of earning achievement awards.

WAIY provides an achievement award program to inspire club members to increase the promotion of abstinence in their communities. Achievement awards increase club activity, recognize various levels of achievement, and allow clubs maximum flexibility.

Three levels of achievement awards are available: Bronze, Silver, and Gold. Each level is achieved through earning points. Currently, awards are available on a club level basis, not an individual basis.

A list of activities and ideas for earning points is in the WAIY Club Handbook.

Bronze Achievement Award

Requirement: 100 points

Silver Achievement Award

Requirement: 200 points

Gold Achievement Award

Requirement: 300 points

Recognition: Awards are presented at WAIY state wide training events.

Sample activities that clubs can do to earn points from the WAIY Club Handbook:

- A guest speaker presents at a monthly WAIY Club topic meeting.
- A club member attends ten club meetings, activities, or events.
- The club creates a unique tool for promoting abstinence.
- The club holds an event to promote abstinence in the community.
- The club holds a fun activity for club members and guests.
- The club receives a letter of support from a local community organization.
- The club presents a workshop at a statewide or regional WAIY meeting.

Ideas for Club Activities

Promoting Abstinence

1. Invite motivational speakers to address the club.
2. Invite couples and singles that have committed to abstinence to address the club.
3. Attend an abstinence conference.
4. Make and distribute a list of ways to show your love for another person besides having sex.
5. Publish a magazine that supports abstinence.

Fun Activities

6. Attend a concert, movie, or event with a positive message.
7. Go hiking, climbing, biking or anything else that gets people moving.
8. Complete a high ropes or another type of challenge course together.
9. Build a float for a parade.
10. Hold a pizza and movie event with a large screen projector at a community center.

Service Projects

11. Volunteering at a nursing home, hospital or rescue mission.
12. Cleaning, shopping or mowing lawn for elderly or disabled community members.
13. Picking up garbage.
14. Reading to young children (library).
15. Clothes or food drive for the needy.

Fundraisers

16. Car wash.
17. Make or buy and sell abstinence jewelry.
18. Design and sell T-shirts.
19. Concession sale at sporting event or business.
20. Arrange a sports tournament (regular sports or extreme/silly sports like polar bear jumping).

Creating a Sense of Belonging among Club Members

21. Create a weekly motivational session before the meeting starts. For example, each member gives a brief positive situation that happened since their last meeting.
22. Take time to compliment each club member to increase a feeling of value and motivation and increase the feeling of community and belonging in the club.
23. Use a talking circle (everyone must listen to person who is speaking) to allow others to voice concerns or opinions during meetings.
24. Keep a log of club quotes and post them at each meeting – they can be funny or inspirational.
25. Create a museum of the club members.

More than sixty ideas are included in the WAIY Club Handbook.

Frequently Asked Questions

Program Sponsors

Why is the Wisconsin Abstinence Initiative for Youth promoting abstinence?

Almost all teens desire to see abstinence supported as normal, healthy behavior. In a 2003 random telephone survey of teens, conducted by the National Campaign to Prevent Teen Pregnancy, 92% said they want strong support from society to delay sex until at least after high school.

Not surprisingly, surveys and polls indicate that the percentage of youth in Wisconsin who are delaying sexual intercourse is growing. In 1993 47% of Wisconsin students reported that they had ever had sex in the Wisconsin Youth Risk Behavior Survey, but in 2003, the percent was down to 37%. For high school seniors, over the same time period the percentage who reported ever having sex dropped from 67% to 51%.

The promotion of abstinence for teens as an effective means for preventing teen pregnancy and sexually transmitted infections is an important strategy of the High Risk Sexual Behavior Section of the state health plan, *Healthiest Wisconsin 2010—A Partnership Plan to Improve the Health of the Public*.

Why is DHFS using a statewide strategy?

The implementation of WAIY Clubs also provides a vehicle for addressing various strategies identified in *Emerging Answers*, a relevant report about how to effectively decrease adolescent pregnancy (Kirby 2001). The report identified ten program characteristics that have been found to effectively reduce adolescent pregnancy. See research on teens and pregnancy prevention strategies.

Are WAIY Clubs research-based?

Yes. WAIY's Club Network design reflects research about effective characteristics of adolescent pregnancy prevention programs. For example, clubs provide peer support for positive health behaviors. Influence of peers was identified in *Protecting Teens: Beyond Race, Income and Family Structure* as one of three important factors that help youth avoid risky behaviors (two other important factors are connection to parents and scholastic achievement). WAIY Clubs give local communities the opportunity to meet young people who share this value and to work together to provide the support that youth in your community are asking for. Other research influencing the WAIY Club Network are described in this document.

Who is responsible to run the WAIY Club?

A club must be sponsored by a school or community based organization, which must in turn assign a club advisor to oversee the club. Teen leaders work with the advisor to establish club priorities and activities.

Who can be a WAIY Club advisor?

Teachers, parents, youth workers, college students, or local high school graduates are all good candidates to serve in this capacity. Advisors must be supportive of the abstinence message. The school or organization is required to provide documents outlining the policy and procedure for conducting background checks on adults working with youth as advisors or volunteers. Resources for conducting background checks and downloadable forms are available at:

- MENTOR/National Mentoring Partnership (www.mentoring.org)
- The National Mentoring Center (www.nwrel.org)
- The non-profit risk management center (www.nonprofitrisk.org)

Are WAIY Club members required to sign a pledge card that they are abstinent?

No. WAIY Clubs may choose to promote abstinence pledge cards in their communities, but signing an abstinence pledge card is not allowed by WAIY as a requirement to join a local WAIY Club. WAIY Clubs are designed to support youth who are abstinent or who want to be abstinent. A sexually active youth who wants to become abstinent could spend several months engaged in club activities before gaining the strength to resist sexual pressure. However, club members are required to be supportive of the abstinence message.

How does WAIY define youth at risk for transitioning to sexual activity?

The Add Health Survey (Blum, 2000) conducted by the University of Minnesota found that traditional definitions of at risk youth, such as being from a single parent or low-income home, are not as strong of indicators as other factors. Stronger indicators include factors such as a youth's performing poorly in academics, experiencing a disconnect with parents, or having peers who are involved in risky activities. WAIY encourages club leaders to reach out to youth that might be experiencing some of these factors and to include them in club activities.

What are the attendance policies?

Each club determines their own attendance policy.

What do clubs do to support abstinence?

Club members get together each month to discuss topics related to choosing abstinence and how to build healthy relationships. Also, each club designs an activity each month. At the same time, the WAIY Club Network offers achievement awards to recognize local clubs for promoting and supporting abstinence among their peers.

What are the costs involved?

Costs for running a club depend on the projects that each club initiates; clubs are encouraged to do some fund raising activities. Through a grant from the abstinence education program of the U.S. Department of Health and Family Services, the Wisconsin Abstinence Initiative for Youth is able to provide funding for the first two years of a club's operations:

- Year one: **\$500** stipend for the club advisor and **\$300** for club activities
- Year two: **\$500** stipend for the club advisor

Who chooses and designs club activities? Do adults need to be involved with activities?

WAIY promotes youth and adult partnerships for all aspects of program implementation. The WAIY Club advisor or another adult must attend all club sponsored activities.

When do the clubs meet?

Two meetings are required each month (one discussion and one activity); many clubs meet more often.

Frequently Asked Questions

Club Members

Why should I be involved with the WAIY Club Network?

Almost all teens desire to see abstinence supported as normal, healthy behavior. WAIY Clubs give you the opportunity to meet young people who share this value and to work together to provide the support that youth in your community want and need.

Teens surveyed annually express a desire for more support for abstinence. A survey conducted every year by the National Campaign to Prevent Teen Pregnancy is called, “*With One Voice: America’s Adults and Teens Sound Off about Teen Pregnancy.*” In 2003, nearly all youth surveyed, 92%, believe it is important that teens be given a strong message from society that they should abstain from sex until they are at least out of high school (National Campaign 2003). In the previous year the percentage was 93%.

Are other teens choosing abstinence?

Yes! An increasing percentage of Wisconsin teens are choosing abstinence. In 2003, 37% of Wisconsin students reported that they had ever had sex; in 1993 it was as high as 47%. For high school seniors, over the same time period the percentage who reported ever having sex dropped from 67% to 51%.

How much time do I have to dedicate each month?

Personal commitment is up to you. Clubs hold topic discussions and activities every month. Some clubs meet weekly.

What type of activities will I be involved in?

Club members get together each month to discuss how to build healthy relationships. Also, each club designs an activity each month.

How much time do I have to dedicate each month?

Personal commitment is up to you. Clubs hold topic discussions and activities every month. Some clubs meet weekly.

Do I need my parent’s permission?

This depends on the policy of your school or organization.

Research behind WAIY Clubs

The WAIY Club Network program design and purpose are based on the following research.

Youth want support for abstinence.

In a 2003 poll, 92% of teens surveyed said they want strong support from society to delay sex until at least after high school. (National Campaign to Prevent Teen Pregnancy, 2003)

The rate of Wisconsin youth who are having sexual intercourse is decreasing.

In 1993 47% of Wisconsin students reported that they had ever had sex in the Wisconsin Youth Risk Behavior Survey, but in 2003, the percent was down to 37%. For high school seniors, over the same time period the percentage who reported ever having sex dropped from 67% to 51%.

Abstinence is likely to increase when:

- Youth are exposed to abstinence training (Blum, 2000)
- Parents talk directly about sex with their children (Blum, 2000)
- Mothers communicate clearly that they don't want their children having sex (Blum, 2002)

Risky behaviors are likely to decrease when:

- Youth have friends who are not involved in risky activities (Blum, 2000)
- Youth have good academic performance (Blum, 2000)
- Youth are connected to parents (Blum, 2000)

Programs such as an abstinence program are more effective in reducing teen pregnancy when they:

- Focus on reducing one or more sexual behaviors.
- Base program on theoretical approaches that have been demonstrated to influence other health-related behavior and identify specific important sexual antecedents to be targeted.
- Deliver and consistently reinforce a clear message about abstaining from sexual activity.
- Provide basic, accurate information about the risks of teen sex and ways to avoid intercourse.
- Address social pressures that influence sexual behavior.
- Provide examples of and practice with communication, negotiation, and refusal skills.
- Involve participants and have them personalize information.
- Use goals, teaching methods, and materials appropriate to age, experience, and culture.
- Make program last a sufficient length of time (14 or more hours).
- Use teachers or peer leaders who believe in the program and are trained. (Kirby 2001)

Teen pregnancy as a social issue warrants every effort we can make to reduce it.

- *Kids having Kids* found teen parenthood to be associated with poverty, abuse, alcohol and drug use, domestic violence, mental health issues, and school failure. (Maynard, 1996)

A reduction in sexual partners contributes to sexual health and sexual satisfaction.

- *The Hidden Epidemic* found that having multiple partners increases the likelihood of contracting a sexually transmitted infection. (Institute of Medicine, 1997)
- *Sex in America* found that as sexually active adults had more partners, they reported lower levels of physical and emotional sexual satisfaction and that the highest rates of sexual satisfaction were among those with one lifelong partner. (Michael, R. T. et al., 1994)

WAIY Regions 1 through 12

School Districts by Region

WAIY Region 1

Brown Deer
Cedarburg
Cudahy
Elmbrook
Fox Point Jt. 2
Franklin
Germantown
Glendale-River Hills
Grafton
Greendale
Greenfield
Maple Dale-Indian Hills
Mequon-Thiensville
Milwaukee Public Schools
Nicolet Union High School
Norris
Northern Ozaukee
Oak Creek-Franklin
Port Washington-Saukville
Racine Unified
Richmond
Shorewood
South Milwaukee
St. Francis
Wauwatosa
West Allis-West Milwaukee
Whitefish Bay
Whitnall

WAIY Region 2

Arrowhead Union HS
Beloit
Beloit Turner
Big Foot Uhs (Walworth)
Bloomfield
Brighton
Bristol
Burlington
Central District/ Westosha
Clinton
Delavan-Darien
Dover #1 (Kansasville)
East Troy
Elkhorn
Fontana
Fort Atkinson
Geneva Jt. #4
Genoa City Jt. #2/ Janesville
Hamilton
Hartland-Lakeside
Jefferson
Johnson Creek
Kettle Moraine
Lake Country

Lake Geneva Jt. #1
Lake G-G City (Badger)
Lake Mills
Linn Jt. #4 (Traver)
Linn Jt. #6 (Reek)
Menomonee Falls
Merton Community
Milton
Monticello
Mukwonago Area
Muskego-Norway
New Glarus
North Cape
North Lake
Norway Jt. #7 (Drought)
Oconomowoc
Palmyra-Eagle
Paris Jt. #1
Parkview
Pewaukee
Randall Consolidated
Raymond #14
Salem #7 (Trevor Grade)
Salem Jt. #2
Sharon Community
Silver Lake
Stone Bank
Swallow
Trevor Grade
Twin Lakes (Lakewood)
Union Grove #1
Union Grove Union
Walworth Public
Washington-Caldwell
Waterford
Waterford Graded
Waterloo
Watertown
Waukesha
Waunakee
Wheatland
Whitewater
Williams Bay
Wilmot Grade
Wilmot Union High
WI School for the Deaf
WI School Visually Imp.
Yorkville

WAIY Region 3

Albany
Argyle
Barneveld
Belleville
Belmont Community

For communities
near borders,
please see the
lists below.



Benton
Black Hawk
Boscobel
Brodhead
Cambridge
Cassville
Cuba City
Darlington
Deerfield
DeForest
Dodgeville
Edgerton
Evansville
Fennimore
Highland
Iowa-Grant
Ithaca
Juda
Kickapoo Area
Lancaster
Madison Metropolitan
Marshall
McFarland
Middleton-Cross Plains
Mineral Point Unified
Monona Grove
Monroe
Mount Horeb
New Glarus
North Crawford
Oregon
Pecatonica Area
Platteville
Potosi
Prairie du Chien
Richland
River Ridge
River Valley
Riverdale
Seneca
Shullsburg Public
Southwestern Wisconsin
Community
Stoughton
Sun Prairie
Verona
Wauzeka-Steuben, Et Al.
Weston
Wisconsin Heights

WAIY Region 4

Alma
Alma Center-Humbird-
Merrillan
Arcadia

Bangor
Black River Falls
Blair-Taylor
Cashton
Cochrane-Fountain City
De Soto
Gale-Ettrick-Trempealeau
Hillsboro
Holmen
Independence
La Crosse
La Farge
Melrose-Mindoro
Norwalk-Ontario-Wilton
Onalaska
Royall
Sparta
Tomah
Viroqua
West Salem
Westby
Whitehall
Wonewoc-Union Center

WAIY Region 5

Adams-Friendship
Almond-Bancroft
Auburndale
Baraboo
Cambria-Friesland
Columbus
Fall River
Iola-Scandinavia
Lodi
Marshfield
Mauston
Montello
Necedah
Nekoosa
New Lisbon
Pardeeville
Pittsville
Port Edwards
Portage
Poynette
Princeton
Randolph
Reedsburg
Rio
Rosholt

Sauk Prairie
Stevens Point
Tomorrow River
Tri-County
Waupaca
Wautoma
Westfield
Wild Rose
Wisconsin Dells
Wisconsin Rapids

WAIY Region 6

Appleton Area
Beaver Dam Unified
Berlin Area
Campbellsport
Dodgeland
Fond du Lac
Green Lake
Hartford Union
Erin
Friess Lake
Hartford Joint #1
Herman #22
Neosho Joint #3
Richfield #1
Rubicon Joint #6
Horicon
Hortonville Area
Hustisford
Kaukauna Area
Kewaskum
Kimberly Area
Little Chute Area
Lomira
Manawa
Markesan
Mayville
Menasha Joint
Neenah Joint
New London
North Fond du Lac
Oakfield
Omro
Oshkosh Area
Ripon Area
Rosendale-Brandon
Shiocton
Slinger
Waupun
West Bend
Weyauwega-Fremont
Winneconne

WAIY Region 7

Algoma
Brillion
Cedar Grove
Chilton
Denmark
Elkhart Lake

Gibraltar
Hilbert
Howards Grove
Kewaunee
Kiel
Kohler
Luxemburg-Casco
Manitowoc
Mishicot
New Holstein
Oostburg
Plymouth
Random Lake
Reedsville
Sevastopol
Sheboygan
Sheboygan Falls
Southern Door
Stockbridge
Sturgeon Bay
Two Rivers
Valders
Washington
Wrightstown

WAIY Region 8

Ashwaubenon
Beecher-Dunbar-Pembine
Bonduel
Bowler
Clintonville
Coleman
Crandon
Crivitz
De Pere
Florence
Freedom Area
Gillett
Goodman-Armstrong Creek
Green Bay
Howard-Suamico
Laona
Lena
Marinette
Marion
Menominee Indian
Niagara
Oconto
Oconto Falls
Oneida Nation
Peshtigo
Pulaski
Seymour
Shawano-Gresham
Suring
Tigerton
Wabeno
Wausaukee
West De Pere
White Lake
Wittenberg-Birnamwood

WAIY Region 9

Antigo
Arbor Vitae-Woodruff
Athens
North Lakeland
D.C. Everest
Edgar
Elcho
Lac du Flambeau
Lakeland Union
Marathon
Merrill
Mhlt (Minocqua)
Mosinee
Northland Pines
Phelps
Prentice
Rhineland
Rib Lake
Stratford
Three Lakes
Tomahawk
Wausau

WAIY Region 10

Abbotsford
Altoona
Augusta
Baldwin/Woodville
Bloomer
Bruce
Cadott
Chippewa Area Catholic
Schools
Chippewa Falls
Colby
Cornell
Eau Claire
Eleva-Strum
Elk Mound
Fall Creek
Flambeau
Gilman
Gilmanton
Granton
Greenwood
Ladysmith-Hawkins
Lake Holcombe
Loyal
Medford
Menomonie
Mondovi
Neillsville
New Auburn
Osseo-Fairchild
Owen-Withee
Saint Croix Central
Spencer
Spooner
Stanley-Boyd
Thorp
Weyerhaeuser

WAIY Region 11

Amery
Baldwin-Woodville
Barron
Birchwood
Boyceville
Cameron
Chetek
Clayton
Clear Lake
Colfax
Cumberland
Durand
Elk Mound
Ellsworth
Elmwood
Frederic
Glenwood City
Grantsburg
Hudson
Luck
Menomonie
New Richmond
Osceola
Pepin
Plum City
Prairie Farm
Prescott
Rice Lake
River Falls
Shell Lake
Siren
Somerset
Spooner
Spring Valley
St. Croix Central
St. Croix Falls
Turtle Lake
Unity
Webster

WAIY Region 12

Ashland
Bayfield
Butternut
Drummond
Glidden
Hayward
Hurley
Maple
Mellen
Mercer
Northwood
Park Falls
Phillips
Solon Springs
South Shore
Superior
Washburn
Winter

Contact List for the Wisconsin Abstinence Initiative for Youth

The Wisconsin Abstinence Initiative for Youth

Annie Miller, Abstinence Program Consultant
DHFS, Division of Public Health
One West Wilson Street – Room 351
Madison, WI 53702
608-261-7654; Fax: 608-267-3824
millea1@dhfs.state.wi.us

True 2 Life

Vickie Valenti, Abstinence Coordinator
AIDS Resource Center of Wisconsin
1105 Grand Avenue
Schofield, WI 54476
Phone: 715-355-6867; Voice mail: 414-225-1579
Vickie.Valenti@arcw.org

Local Projects

Center for Self Sufficiency

Angela Turner, Executive Director
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Rosalie Manor

Deb Heffner
Abstinence Coalition Manager
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Wise Women Gathering Place

Alice Skenandore, Chairperson
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Regional Coordinators

Region 1

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Region 2

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Region 3

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Region 4, 5, 9, and 10

Jami Kaiser and Dawn Binning
Children's Service Society of Wisconsin
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Marshfield, WI 54449
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jami.kaiser@cssw.org
dawn.binning@cssw.org

Regions 6 and 7

Sara Krieser
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Fond du Lac, WI 54935
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Region 8

Bev Scow
Wise Women Gathering Place
2488 Babcock Drive
Green Bay, WI 54313
920-490-0627; wwgp@new.rr.com

Regions 11 and 12

Patricia Duhaime
Contact by phone for address
218-728-0090; wait@charter.net

The 2004-2005 True to Life Team



Tyler Drummond, Chad Kite, Monica Gulley, Michelle Lorge, Hannah Guerra, and Andrea Staskal

True To Life is a group of six young, educated, diverse speakers from Wisconsin. Led by the AIDS Resource Center of Wisconsin through a grant with the Department of Health and Family Services, the six youth use their individual experiences, talents, creativity and energy to connect with audiences in order to motivate teens to abstain from sex.

The goal of True To Life is to prevent HIV, sexually transmitted infections (STIs) and pregnancy among teens through explaining the benefits of abstinence, such as achieving goals, respecting self and remaining healthy.

True To Life is available for assembly style presentations, those involving the whole team, for groups of 50 or more youth. However, bookings are available in specific regions of the state at specific times of the each year.

Classroom presentations, those involving two members of True To Life, are available statewide at any time of the year to groups of fewer than 50 youth.

True To Life members are available to help get WAIY Clubs off to a running start.

Contact Vickie Valenti, Program Manager, at 715-355-6867 or visit True To Life on the web at <http://dhfs.wisconsin.gov/waiy/truetolife/index.htm>.

References and Resources

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Wisconsin Department of Health and Family Services, Division of Health Care Financing, Bureau of Health Information (2001). Births to Teens in Wisconsin, 2000 (PHC 5338). Madison, Wisconsin: Author.

DHFS Related Websites

- The Wisconsin Abstinence Initiative for Youth: <http://dhfs.wisconsin.gov/waiy>
- The Wisconsin State Health Plan: <http://dhfs.wisconsin.gov/Health/StateHealthPlan>
- The DHFS website on adolescent pregnancy: <http://dhfs.wisconsin.gov/teenpregnancy>
- The Brighter Futures Initiative: <http://wch.uhs.wisc.edu/02-Programs/02-BFI-MainPage.html>

Application for Membership in the WAIY Club Network

To apply, please submit this application to: **Annie Miller, Abstinence Program Consultant;
DHFS / DPH, One West Wilson Street - Room 351, Madison WI 53702**

Organization sponsoring the club (fiscal and administrative responsibility for club)

1. Name of organization: _____
2. Name of official signing application: _____
3. Address: _____
4. City and zip: _____ 5. Email: _____
6. Phone: (_____) _____ 7. Fax: (_____) _____
8. Organization's Taxpayer Identification Number: _____
9. The State of Wisconsin **Taxpayer Identification Number Verification form** (DOA-6448) is signed and attached in order to receive funds ☐ Yes ☐ No If not, please explain on the reverse side. Download DOA-6448 at http://www.doa.state.wi.us/docs_view2.asp?docid=704

Key contact (usually but not always the club advisor)

10. Name: _____ 11. Organization: _____
12. Title within organization (or parent): _____
13. Role in WAIY club (such as coordinator, advisor): _____
14. Address: _____
15. City and zip: _____ 16. Email: _____
17. Phone: (_____) _____ 18. Fax: (_____) _____

Club information

19. Name of club advisor(s): _____
20. WAIY region in which club activities are held (1-12): _____
21. Name of WAIY regional coordinator: _____
22. Have you notified the WAIY RC that you submitted this application? ☐ Yes ☐ No
23. If the club services will be conducted at a location other than the sponsoring organization, what is the name and address where the club will meet: (ex: an agency sponsors a club but makes arrangements to hold meetings at a local school)

WAIY charter member agreement

24. (Name of sponsoring organization) _____
agrees to sponsor a WAIY Club and thus to accomplish the following goals:
 - Promote abstinence among unmarried youth aged 19 and younger in the community
 - Hold monthly discussions to explore WAIY's eight topics for healthy relationships
 - Hold a minimum of one activity per month for club members
 - Submit the WAIY Club annual report
 - Attach a copy of the sponsoring organization's policy and procedure for conducting background checks on adults working with youth as advisors or volunteers in the organization. If unable to do so, please explain on the reverse side.
25. _____
Signature of authorized person Please print name Date